

# FREE DENTAL SERVICES AT YOUR CHILD'S SCHOOL

**Important: Please return a signed permission slip to use this free service.**

## Services include:

- Free dental screening: Our dental professional looks in the student's mouth to check the overall health of teeth and gums.
- Free dental sealants: Coatings put on the student's back teeth to prevent cavities.
- Free Fluoride: Brushed on teeth, this vitamin makes teeth stronger and prevents cavities.



## Why you should sign your child up for free services:

- Healthy teeth are important to your overall health.
- When dental sealants are done in school, you miss less work, and your child misses less school.
- Dental sealants are done by dental care professionals.
- See your dentist at least once a year.



Fluoride is put onto teeth with a small brush.

For more information,  
please call us at  
**503-521-7166.**

**Before Sealant**



**After Sealant**



### The Problem: Cavities

- Cavities are the most common childhood disease.
- About 50% of children aged 5-11 years have at least one cavity<sup>1</sup>.

### The Solution: Dental Sealants

- Students who receive sealants have 50% fewer cavities than students who do not<sup>2</sup>.
- Fluoride application prevents 43% of cavities in permanent teeth and 37% of cavities in baby teeth<sup>3</sup>.

<sup>1</sup> CDC. Children's Oral Health. [https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html#:~:text=More%20than%20half%20of%20adolescents,one%](https://www.cdc.gov/oralhealth/basics/childrens-oral-health/index.html#:~:text=More%20than%20half%20of%20adolescents,one%20)

<sup>2</sup> Community Preventive Services Task Force. (2017) Improving Oral Health: School-Based Dental Sealant Delivery Programs. <https://www.thecommunityguide.org/sites/default/files/assets/OnePager-OralHealth-School-Sealants.pdf>

<sup>3</sup> Marinho VCC, Worthington HV, Walsh T, Clarkson JE. Fluoride varnishes for preventing dental caries in children and adolescents. *Cochran Database of Systematic Reviews* 2013, Issue 7. Art. No: CD002279. DOI: 10.1002/14651858