

တၢ်ဃုသ့ၣ်ညါမဲအတၢ်ဆါဒီးတၢ်ကျးတံၣ်ဘၢဃာ်အစၢတဖၣ်

ဝံသးစူၤနီၤဟ့ၣ်လီၤတၢ်ဂ့ၢ်အံၤဆူန့ၣ်ဖိအမဲကသံၣ်သရၣ်အအိၣ်တက့ၢ်

ဖိသ့ၣ်အမံၤ: _____ နံၤသီ: _____
(လၢခံကတၢ်) (အဆိကတၢ်)

န့ၣ်ဖိအမဲတဖၣ်ဘၣ်တၢ်မၤကွၢ်အီၤလၢကွၢ်တနံၤအံၤလီၤ. န့ၣ်ဖိအတၢ်ဂ့ၢ်အစၢတဖၣ်ဘၣ်တၢ်မၤနီၣ်ဃာ်အီၤဒဲလၢအံၤအသးလီၤ. ဆဲးထံၣ်လိၣ်န့ၣ်ဒီး
မဲကသံၣ်သရၣ်အစ့ၤကတၢ်တနံၣ်တဘျီ ဒီးဝံသးစူၤဆဲးလီၤန့ၣ်မဲကဒီးတဘျီလၢဆူညါတနံၣ်တက့ၢ်.

တၢ်ဃုသ့ၣ်ညါမဲအတၢ်ဆါအစၢတဖၣ်



န့ၣ်ဖိအမဲတဖၣ်ဖျါဂ့ၢ်ဒိၣ်မးလီၤ! မဲအတၢ်ဆါအပနီၣ်တအိၣ်ဖျါနီၣ်တမံၤဘၣ်. ထံၣ်လိၣ်န့ၣ်ဒီး န့ၣ်မဲကသံၣ်သရၣ်
အစ့ၤကတၢ်တနံၣ်တဘျီတက့ၢ်.



မဲအတၢ်ဆါအပနီၣ်တဖၣ်ဘၣ်တၢ်ထံၣ်န့ၣ်အီၤလီၤ. မဲအပူၤအိၣ်ထီၣ်သ့ မ့တမ့ၢ် မဲအပူၤဆံးဆံးဖိတဖၣ် ဘၣ်တၢ်ထံၣ်န့ၣ်အီၤလၢ
န့ၣ်ဖိအမဲတဖၣ်အလီၤလီၤ. တၢ်ဟ့ၣ်ကူၣ်လၢနကလဲၤထံၣ် မဲကသံၣ်သရၣ်လၢ လၢခံတလါအတီၢ်ပူၤလီၤ.



မဲအတၢ်ဆါအပနီၣ်ဖျါဖျါဖျါတဖၣ် မ့တမ့ၢ်မဲအတၢ်ဆါအပနီၣ်လၢအလီၤဘၣ်ယိၣ်တဖၣ် ဘၣ်တၢ်ထံၣ်န့ၣ်အီၤလီၤ.
မဲအပူၤလီၤဟံးဒိၣ်သ့, တၢ်ဆူးတၢ်ဆါ မ့တမ့ၢ် တၢ်ဒါဖဲထီၣ်တဖၣ် အိၣ်ဖျါဝဲလီၤ. တၢ်ဟ့ၣ်ကူၣ်လၢနကလဲၤထံၣ် မဲကသံၣ်သရၣ်လၢ
24-28 န့ၣ်ရံၣ်အတီၢ်ပူၤလီၤ.

တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ်လၢအဘၣ်ဃးဒီးမဲ

- တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ် ဘၣ်တၢ်မၤအီၤလၢန့ၣ်ဖိအမဲအလီၤခံတဖၣ်လီၤ(မဲခိတဖၣ်).
- တၢ်ကျးတံၣ်ဘၢဃာ်တနီၤ ဘၣ်တၢ်မၤအီၤလီၤ. ဆဲးလီၤန့ၣ်မဲလၢခံတဘျီလၢဆူညါတနံၣ်တက့ၢ်.
- တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ် တဘၣ်တၢ်မၤအီၤလၢန့ၣ်ဖိအမဲတဖၣ်ဘၣ်. တၢ်ဂ့ၢ်မ့ၢ်လၢ:
 - ___ မဲတဖၣ်အပူၤကအိၣ်အယိ. ဝံသးစူၤ ထံၣ်လိၣ်န့ၣ်ဒီး န့ၣ်မဲကသံၣ်သရၣ်တက့ၢ်.
 - ___ မဲတဖၣ်အိၣ်ဒီး တၢ်မၤပဲၤတဖၣ်အယိ.
 - ___ မဲတဖၣ်အိၣ်ဒီး တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ်အယိ.
 - ___ မဲတဖၣ်တဒိၣ်ထီၣ်ဂ့ၢ်လၢ တၢ်ကျးတံၣ်ဘၢဃာ်အဂီၢ်အယိ.
 - ___ တၢ်မၤမဲအပတီၢ်အံၤ ကီၤခဲကဲၣ်ဆိးလၢ န့ၣ်ဖိအဂီၢ်အယိ န့ၣ်လီၤ.

မဲတၢ်မၤမဲတဖၣ်လၢ တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ်ဝံၤအလီၢ်ခံ

- တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ် ဒီသဒါဒိၣ်ထဲမဲလၢတၢ်လီၢ်ခံတဖၣ်လီၤ. ထူးမဲ ဒီးမၤကဆိအကဆူးလၢပျံၤကိးနံၤဒဲသိး မဲတဖၣ် ကအိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ်တက့ၢ်.
- န့ၣ်ထံၣ်ဘၣ် တၢ်ကျးတံၣ်ဘၢဃာ်တဖၣ် တမ့ၢ်ကသ့ဘၣ် မ့တမ့ၢ် အဝဲသ့ၣ်ကအိၣ်ဖျါ အလွီၢ် အဝါ မ့တမ့ၢ် အဘီဝါစၢ် န့ၣ်လီၤ.
- တၢ်လီၤဆိကအိၣ်ဝဲလၢနကအ့ၣ်တၢ်အဂီၢ် လၢတသီ မ့တမ့ၢ် ခံသီ အတီၢ်ပူၤလီၤ. တၢ်ပလၢဂံၢ်ဘၣ်ဝဲန့ၣ် ကလဲၤပူၤကွံၣ်ဝဲလီၤ.
- တၢ်တဘၣ်လိၣ်ဒီးသ့ၣ်ထံၣ်အတၢ်မၤအသးတမံၤ (အလၢာ်ကွံၣ်) မၤအသးသ့ဝဲ ဘၣ်ဆၣ်တၢ်အံၤကဲထီၣ်စ့ၤဒိၣ်မးလီၤ. န့ၣ်ထံၣ်န့ၣ်
တၢ်အပနီၣ်လၢတညီန့ၣ်မၤအသးတဖၣ် အိၣ်ထီၣ်လၢန့ၣ်ဖိအလီၤဖဲတၢ်ကူၣ်စါယါဘျီဝံၤအလီၢ်ခံအယိ ကိးန့ၣ်ဖိ အကသံၣ်သရၣ်တက့ၢ်.

ဒီးန့ၣ်ဘၣ် ဖလိၣ်ရး ကသံၣ်ထံ: န့ၣ်ဘၣ် တန့ၣ်ဘၣ်

မဲဒီးန့ၣ်ဘၣ် ဖလိၣ်ရး ကသံၣ်ထံဝံၤအလီၢ်ခံ

- န့ၣ်ဖိတဘၣ်ထူးအမဲ မ့တမ့ၢ် မၤကဆိအကဆိအမဲကဆူးလၢပျံၤ လၢ 24 န့ၣ်ရံၣ်အတီၢ်ပူၤဘၣ်.
- ဟးဆူး တၢ်အိၣ်အကါ ဒဲအမ့ၢ် ဖရံၣ်စဲၣ်, တၢ်ဆၢကိၣ်လိၣ်, ဒီး ဖိသ့ၣ်တဖၣ် တက့ၢ်.

Dental Screening and Sealant Results

Please share this information with your child's dentist

Name of Child: _____ Date: _____
(Last) (First)

Your child's teeth were checked at school today. Your child's results are marked below. Continue to see a dentist at least once a year and please sign up again next year.

DENTAL SCREENING RESULTS



- Your child's teeth look great! No visible signs of dental problems. See your dentist at least once a year.



- Signs of dental problems were found. Possible cavities or small cavities were seen in your child's teeth. A visit to a dentist is recommended in the next month.



- Visible signs or symptoms of serious dental problems were found. Possible large cavities, pain or abscesses were present. A visit to a dentist is recommended in the next 24-48 hours.

DENTAL SEALANTS

- Sealants were placed on your child's back teeth (molars).
- Partial sealants were placed. Sign up again next year.
- Sealants were not placed on your child's teeth because:
- ___ The teeth may have cavities. Please follow-up with your dentist.
 - ___ The teeth have fillings.
 - ___ The teeth have sealants.
 - ___ The teeth were not grown in far enough for sealants.
 - ___ The procedure was too difficult for your child.

AFTER GETTING DENTAL SEALANTS

- Sealants only protect the back teeth. Brush and floss daily to keep teeth healthy.
- You may not be able to see the sealants, or they may look white or cream colored.
- It may feel strange to bite for a day or two. That feeling goes away.
- An allergic reaction is possible, but it is very rare. If you notice any unusual symptoms in your child after treatment, call your child's doctor.

RECEIVED FLUORIDE VARNISH: Yes No

AFTER GETTING FLUORIDE VARNISH

- Your child should not brush their teeth or floss for 24 hours.
- Avoid hard foods such as pretzels, candy, and apples.